



EAECA October 2023 Newsletter



10128 Route #4, Monastery, Nova Scotia, BOH 1W0

Phone: 902-232-2810 Fax: 902-232-3829

Principal: Mr. Paul Brown
Vice-Principal: Mrs. Dara MacDonald
Vice-Principal: Ms. Amy Hudry

School Counsellor: Ms. Rachel Kuramoto
School Secretary: Ms. Michelyn Grenier
School Secretary: Mrs. Molly O'Brien

Important Dates in October 2023

October is Mi'kmaq History Month

Sunday, October 1 – Treaty Day

Monday, October 2 – No School for staff and students

Tuesday, October 3 – Picture Day

Monday, October 9 – Thanksgiving – No school for students and staff

Friday, October 27 – NSTU Provincial Conference Day (no school for students)

**Picture Re-take day is scheduled for November 1

Message from the Office:

We had a great start up to school! Our students have settled in nicely and are off and running towards a very exciting and successful school year. We welcomed four international students to our school, our grade 1 and 2 students traveled to Paq'tnkek Education Centre for some community building activities, our grade 12 students had their first grad meeting, student council got underway and Tania Gould, our early Mi'kmaq language teacher organized Every Child Matters Day activities for students with some help from some very special guests.

October is Mi'kmaq History Month; during the month of October, and all year long, we will continue to learn about and celebrate Mi'kmaq language and culture. October is the start of our weekly Mi'kmaq and French words of the week which will go in the weekly flash to students and staff and go on the announcements daily.

We encourage all parents to get in touch with their child's teacher should you have any questions about the year. Staff e-mails are listed on the school's website: <https://eaeca.srce.ca>.

Please do not hesitate to contact us at the office if you have any questions.

Mr. Paul Brown, Principal
Mrs. Dara MacDonald, Vice-Principal
Ms. Amy Hudry, Vice-Principal



Morning Arrival

Students who are being dropped off in the morning should be dropped off between 8:10 a.m. and 8:25 a.m. Prior to 8:10, there is no supervision for students.

When getting off the bus in the morning, students can enter through the main doors of the school. The breakfast program cart will be in the cafeteria. Students can get food from the breakfast program and sit in the cafeteria to eat.

Students in grades P-6 who are choosing not to eat or who have finished eating, are to go outside and play until the 8:25 bell. Students should be dressed appropriately for the weather. Students in grades 7-12 should remain in the cafeteria in the morning. Students should not be in the hallways or classrooms at this time.

Dismissal Procedures

If you are picking up your child from school, please call the office between 9:00 a.m. and 11:00 a.m. to ensure clear communication with your child's teacher. Students who are being picked up will gather in the cafeteria at 2:12, administration will take attendance and walk the students out to the parking lot at 2:15.

A Message from Michelyn and Molly

If you are calling to inform the office that your child is being picked up from school, either early or at the end of the day, it is important that, as much as possible, the office is called prior to 11:00 a.m. This would also be important if your child is getting off their bus at a different stop. The end of the day is a busy time at the office and sometimes it is difficult to communicate with your child's teacher or your child's bus driver. We know that sometimes it cannot be helped as sometimes situations change last minute but we much as possible, please call earlier in the day to let us know.

We also want to remind families that bus passes are no longer available in the SRCE. Students must have a pre-arranged childcare stop with transportation to take a different bus than their own.

Thank you!

Michelyn and Molly
EAECA Secretaires



From the Counseling Centre

A quick tip if you have a little one who says they hate school but cannot explain why.

When they say they hate school, we often dismiss their worries by saying something like 'Don't be silly, of course you don't'. Instead try to understand what is going on at school that they are struggling with. It can help to use the 'Magic Wand' Technique:

If they had a magic wand, what would they change?

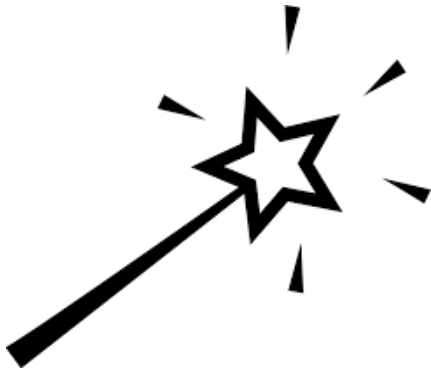
Would they move seats in the classroom?

Would they change the bathrooms?

Would they have less homework?

Would they change anything about friendships?

Giving them the opportunity to tell you about what they would change is a great starting point for conversations about what is making them unhappy.





Mi'kmaq History Month

A message from Tania Gould, Mi'kmaq Language Teacher:

We are living on the traditional and unceded territory of the Mi'kmaq!

October/Wikewiku's is Mi'kmaw history month for Nova Scotia. This year with the help of NAIG (North American Indigenous Games), Mi'kmaw people were able to share many aspects of how sports and games are an important aspect to our ways of knowing and being.

October 1st is Treaty Day, which is another important day for Mi'kmaw people and their allies. The treaty is about Peace and Friendship.

There are many ways to learn about the Mi'kmaw culture, from fishing, hunting, song, dance and arts and crafts. Remember there was a time we were not allowed to do all these things. However, today we are now in an era of resurgence of cultural ways of knowing and being, thanks to many people who have worked towards reconciliation, our rights as Mi'kmaw people are starting to be recognised and valued.

We will be having Mi'kmaw knowledge keepers, singers and dancers coming in this month, to help celebrate this unique culture.

Msit No'kmaq
All my relations.

Tania Gould
Mi'kmaw Language



After School Program

Dear parents,

There has been changes made to the afterschool program regarding billing and scheduling. We will require new registration forms to be filled out and payments made to date before attending the 23-24 ASAP. You can email me at patricia.bouchie@srce.ca and I will send the updated information to you. Thank you!

Patricia Bouchie

From the Cafeteria

Ashley and her staff are asking that all students and staff order their lunches before the end of their recess. This is to ensure enough food is ready for all students who need it. It helps to make sure that there is no wasted food at the end of lunch as well.

Ordering can still happen online through the school website. This will be up and running for the first day of school.

Milk will be paid for again this year. Students will be provided milk with their snack or lunch if they like.

An updated price list from the cafeteria has been uploaded to the school website. Please check the website for an updated list.

School Advisory Council (SAC)

Our school advisory council is looking for new members! The school advisory council is a unique opportunity for parents and community members to come together with school-based staff to discuss the needs of the school and how to best support the school. The purpose of a school advisory council is to act as an advisory body to the school itself and the Regional Centre for Education. We are looking for community volunteer members (who do not have children who attend the East), and parent members (your child/children currently attend the East). If you are interested in joining this committee, please don't hesitate to reach out to the principal, Mr. Paul Brown. You can e-mail him at paul.brown@srce.ca.



Nova Scotia International Student Program

Dear School Community,

We are looking for families to host international students for February 2023.

Interested?

Your hospitality can make all the difference to a student's experience, and it is our hope that by becoming a host family, it will mark the beginning of a relationship that will last a lifetime!

What's Required of a Host Family?

Families interested in hosting must provide the student with an approved bedroom, three healthy meals per day, and treat them like a member of their family. All family members 18 and older need to provide a Criminal Record Check and Child Abuse Registry Check.

Financial Compensation

Host families volunteer to host International Students. Families receive \$725 per month (per student) to cover incurred expenses while students are living with them, such as meals, providing transportation for activities, etc. This amount is non-taxable. Contact our SRCE-ISP Manager, Chris Penny at chris.penny@srce.ca or (902)631-5170 for more information.



SchoolsPlus is a comprehensive and collaborative interagency approach to educating and providing service to the whole child and family with the school as the centre of service. The focus of SchoolsPlus is to support students and families by helping them in attaining timely and effective services that meet their identified needs. Please call the school for more information.

All Gender Care Products

The Strait Regional Centre for Education provides free all-gender care products in all schools with Grades 5 to 12 students. These products are located in all female and all-gender washrooms.